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Unlocking Potential: Speaking Topics to Empower Individuals and Organizations

*Engaging talks designed to inspire leaders, strengthen and empower teams,
and unlock potential for lasting success.*

❖ Building Capacity for Resilience

Daily challenges can take a serious toll on health, well-being, and performance. Effective leaders develop the ability to build and sustain physical, emotional, and mental resilience. The information Stacey shares is based on over 30 years of research and is backed by over 400 peer-reviewed studies. Includes HeartMath's Stress and Well-being Assessment and a complimentary debrief for each attendee.

❖ Increasing Conversational Intelligence™

Studies show that about 80% of errors are due to breakdowns in communication. Conversational Intelligence provides a framework and practices for individuals, teams, and organizations to listen, engage, architect, and influence the moment and shape the future in all situations. C-IQ in business can strengthen the organization's culture and service, achieving greater business results.

❖ Creativity for Successful Planning

We don't often think about creativity as a tool for creating business documents, processes, and plans. However, creativity fosters innovation and enables effective problem-solving by providing diverse perspectives and generating unique solutions to complex challenges. Creativity also enhances collaboration, improves team engagement, and gives organizations a critical competitive advantage in rapidly changing environments. During this session, we will explore ways to tap into creativity.

❖ Exploring Acts of Speech for Effective Communication

Language is generative even though it is often believed to be merely descriptive. Language itself has the power to change the future. When we understand the intricacies of language itself, we can harness and refine its power to design a new future for ourselves and our organizations. For example, when we find it difficult to delegate, we can benefit from learning how to make effective requests.



❖ **From Press Release to Industry Authority: Your Complete Guide to Getting Noticed**

What if you could generate qualified leads, establish industry authority, and build lasting visibility without spending thousands on advertising? Even if you have never written a press release or you've tried PR without seeing results, this session gives you everything you need to build visibility, establish credibility, and drive real business outcomes. Join us and discover why 89% of journalists still trust press releases over social media—and how to leverage that trust for your business. Source: Cision State of the Media Report 2023

❖ **The Hidden Power of Showing Up**

We'll explore how one brave step – simply showing up – can transform your trajectory in ways that perfectly crafted marketing cannot. Through real stories, practical strategies, and actionable insights, you'll discover why visibility creates opportunity, how authenticity consistently beats perfection, and most importantly, how to overcome the common fears that keep talented people invisible.

❖ **Mastering Difficult Conversations: Conflict Resolution for Emerging Leaders**

Conflict is inevitable; leading through it is a skill that young professionals must master. This session offers a practical, hands-on approach to building communication confidence, emotional intelligence, and conflict-resolution skills. Attendees will learn proven conversational frameworks and conflict-de-escalation techniques to improve collaboration and drive operational excellence in fast-paced environments.

❖ **Building Resiliency and Coherence for Entrepreneurs**

This session will equip professionals with actionable tools to build resilience and coherence, foster psychological safety, and enhance communication with proven frameworks. This interactive workshop blends leadership development with mental fitness techniques to prepare attendees for workplace challenges and to enhance self-awareness. Through hands-on exercises and real-world scenarios, participants will develop a personalized resilience toolkit to thrive amid uncertainty.

Other topics are available and can be tailored to meet your organization's needs. Additional details will be provided for all speaking topics. Book Stacey for your next event:

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